



Corse : Corsica Bella

Despite being so close to the UK, Corsica still remains a mystery to most. The island has such a lot to offer and this week's itinerary gives an insight into both the mountains and the coastline. The holiday is led by a fully qualified walking guide, the groups are limited to no more than eight people and with the minibus there is freedom to be flexible and re-organise the itinerary in accordance with the weather. Participants for this holiday may well be English, French, or a mix of both, which we feel adds a certain group dynamic.

The first base is a small hotel in the mountains, the village is called Soccia. From here we can walk to the picturesque Creno lake and discover the unique village of Muna.

The second part of the holiday is based in a small comfortable hotel, just 20 mins walk from the beach in Serriera on the west coast. This is the ideal base to discover the pink sea cliffs of Porto, Piana and its Genoese tower. A wonderful boat trip will take us to the marine reserve of Scandola, completing your view of Corsica, the mountain in the sea.

Tour Aventure Trekking

Agence de voyages LI 02A.06 0002 - Garantie Financière de 137204€ : APS - Contrat RC : n°86 410 716 Gan Eurocourtage IARD

RCS AJACCIO 489 755 470 - Membres du SNAV - E-mail : info@tour-aventure.com - Web site : www.tour-aventure.com

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Autres destinations : 1 Avenue François Laguerre - 09400 TARASCON SUR ARIEGE Siret : 489 755 470 00023 - Tél : +33 (0)5 61 05 16 31 - Fax : +33 (0)5 61 05 16 80



Program

D1 - Les Deux Sorru

Rendez vous in Ajaccio. Meet the group and transfer by bus to the first base. We drive north to Sagone before heading inland and up into the hills. We arrive in the small village of Soccia. Time to check in, wander around the village, soak up the ambiance before our first introductory meal.

D2 - To the Discovery of Aghja

We walk down to the village of Guagno les Bains, known for its hot thermal spa waters. We explore the vestiges of an ancient abandoned village before making our way to a mountain torrent, the Filicioni. We walk back to the village via an old chestnut forest.

Distance : 9km, duration : 4h30, altitude gain : +520m, descent : -520m.

D3 - Walk and Swim via the village of Letia and Muna

Today we take the waymarked trail called the 'Mare a Mare nord.' We wander through the maquis, a jumble of corsican aromatic vegetation and herbs following the direction of the river Liamone. We arrive at the village of Letia where we have time to explore. Continuing on, our trail will lead us to the picturesque old hamlet of Muna, in the foothills of the Cinarca mountains.

Distance : 6km, duration : 3h30, altitude gain : +425, descent : -290.

D4 - Creno Lake

From Soccia village we go up to the high hills above where there is a looming white cross. A well trodden trail leads up through the maquis, slowly but surely gaining height. There are views of the valley to the west with a pounding mountain torrent below. Once at the lake we can take time to relax and enjoy the surroundings. With it's little log cabin and pine tree forest all around, it is a peaceful setting. At certain times of the year you can find large bright water lillies bobbing on the lakes surface. Return walk and drive to Serriera.

Distance : 9km, duration : 4h30, altitude gain : +350m, descent : -350m.

D5 - Boat excursion from Porto to Scandola

A short drive along the coast from Serriera to the Porto marina. From Porto we can take the boat to Scandola. The sea cliffs and scenery is breathtaking, the Scandola reserve is protected by unesco as a site of world beauty. On the way back the boat stops off at Girolata, a little fishing village that is accesible by boat and foot only. Time for a drink and swim before getting back on the boat for the final blast back to Porto. Once back in Porto you may wish to wander around the marina and shops or enjoy the beach before we drive back to our nightspot and hotel in Serriera. Duration : 3h00.

D6 - The Capu Rossu

We take a coastal road from the village of Piana out towards Capu Rossu. This promentary is spectacular both from the sea and inland. The trail leads towards the cliffs that jut out into the sea, the rock is red in hue. You climb up to a Genoise tower that is perched on the very top of the enormous rock of Capu Rossu.

Distance : 7.5km, duration : 4h00, altitude gain : +522m, descent : -522m.

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Tour Aventure

Randonnées - séjours sport nature

This programme is an example of the itinerary we aim to adhere to. It may be possible, if situations arise that are beyond our control, for the itinerary to be modified. On the terrain our guides are the best judges, they may be required to modify the itinerary due to weather conditions or for the security of the group.

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Details

Level of difficulty

The walks are on good footpaths and trails, the terrain is varied but often rocky. You need to be used to walking all day and take regular exercise to enjoy this holiday. Moderate with strenuous sections.

Price

- From 11/04/2010 to 28/05/2010 : Price per person in Double room 675 €, Price per person in Single room 835 €
- From 30/05/2010 to 02/07/2010 : Price per person in Double room 690 €, Price per person in Single room 850 €
- From 04/07/2010 to 17/09/2010 : Price per person in Double room 750 €, Price per person in Single room 910 €
- From 19/09/2010 to 01/10/2010 : Price per person in Double room 690 €, Price per person in Single room 850 €
- From 03/10/2010 to 29/10/2010 : Price per person in Double room 675 €, Price per person in Single room 835 €

Price includes :

Fullboard accommodation, local transfers, luggage transfers, your guide, the boat excursion.

Price does not include :

Unexpected transfers, drinks, sites entrance fees, travel insurance.

Encadrement

Experienced Tour Leader. You will be in a mixed group of french and english speaking persons.

Carrying

You will need to carry a day sack only, with your water bottle, camera, picnic and gortex jacket.

Our bag-moving service means you can travel light during your walks.

Your main luggage - will be transported by vehicle between the different night stops. We ask you to please limit your main luggage to between 10-15kg to facilitate the transportation and carrying for the taxis. It is also important to consider that it may be necessary to carry your bags short distances at the start or end of your holiday. (Consult with us for left luggage facilities)

Accommodation/food

Accommodation

Twin bedrooms in ** hotel with en suite bathrooms. Double bedrooms for couples available upon demand.

Food

Continental breakfast and hearty 3 courses diner, with wholesome local specialities served by your hosts. For lunch, pinics composed of: pasta or rice salad with bread, cheese, cured hams and fruit. Trail food adapted to the effort: snack bars and dried fruit. Drinks not included.

- You will need a tupperware lunch box with a sealable lid 0.8L

Starting point/end

Starting point : Ajaccio's bus station at 2.30hr pm.

End : Ajaccio's bus station around 6 pm.

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Organisation

You choose your departure date and we will take care of the reservations, your transfers, we transport your bags between the hotels, and also provide an experienced mountain guide to accompany you.

Dates

Every Sunday from April to late October.

Number of participants

From 7 to 16 people

Access

Ajaccio's Airport or Port.

Bibliography

The Rough Guide

The Granite Island – Dorothy Carrington

Practical information

For supplementary nights in Ajaccio

Hôtel Le Dauphin (HT) : 0033 (0)4 95 51 29 96

Hôtel Le Kallisté **: 0033 (0)4 95 51 34 45

Hôtel Fesch ***: 0033 (0)4 95 51 62 62

Hôtel Les Mouettes**** : 0033 (0)4 95 50 40 40

For supplementary nights in Bastia

Hôtel Sud Hôtel ** : 0033 (0)4 95 30 20 61

Hôtel le Forum ** : 0033 (0)4 95 31 02 53

Hôtel Les Sablettes *** : 0033 (0)4 95 58 50 20

Hôtel Ostella*** : 0033 (0)4 95 30 97 70

For supplementary nights in Calvi

Hôtel du Centre (HT) : 0033 (0)4 95 65 02 01

Hôtel Christophe Colomb ** : 0033 (0)4 95 65 06 04

Hôtel le Grand Hôtel *** : 0033 (0)4 95 65 09 74

Hôtel La Villa ****|luxe : 0033 (0)4 95 65 10 10

For supplementary nights in Corte

Hôtel de la Paix** : 0033 (0)4 95 46 06 72

Hôtel du Nord** : 0033 (0)4 95 46 00 68

Hôtel Les Jardins de la Glacière** : 0033 (0)4 95 45 27 00

Hôtel Dominique Colonna*** : 0033 (0)4 95 45 25 65

For supplementary nights in Porto-Vecchio

Hôtel Holzer ** : 0033 (0)4 95 70 05 93

Hôtel Le Goéland ** : 0033 (0)4 95 70 14 15

Hôtel Shegara *** : 0033 (0)4 95 70 40 31

Hôtel Alcyon *** : 0033 (0)4 95 70 50 50

For supplementary nights in Propriano

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Hôtel Bellevue (HT) : 0033 (0)4 95 76 01 86
Hôtel Beach Hôtel ** : 0033 (0)4 95 76 17 74
Hôtel Claridge *** : 0033 (0)4 95 76 05 54
Grand hôtel Miramar ****Luxe : 0033 (0)4 95 76 06 13

How to get to Corsica :

By boat :

SNCM : Departures from Marseille, Nice or Toulon

Tel : 0033 (0)891 701 801

Web site : www.sncm.fr

Corsica Ferries : Departures from Nice or Toulon

Tel : 0033 (0)825 095 095

Web site : www.corsicaferries.com/Pcorsica.srv

CMN (Compagnie Méridionale de Navigation) : Departures from Marseille

Tel : 0033 (0)810 20 13 20

Web site : <http://www.cmn.fr/en/index.php>

By Air :

Air France : tel 0870 142 4343

Web site : www.airfrance.com/uk

Public transport in Corsica :

Buses :

Bus route Calvi, Ponte-leccia, Bastia :

Bus Les beaux voyages tel : 0033 (0)4 95 65 11 35. Departures from 01/09 to 30/06 from Monday to Friday, except bank holidays, and from 01/07 to 31/08 from Monday to Saturday except bank holidays.

Duration of journey Calvi Ponte-leccia 1h45 ; Calvi Bastia 2h15.

Bus route Ajaccio, Propriano, Porto - Vecchio :

Bus Eurocorse voyages tel : 0033 (0)4.95.21.06.30. Departures from 16/09 to 30/06 from Monday to Saturday except Sundays and bank holidays and from 1/07 to 15/09 every day.

Duration of journey Ajaccio Propriano 1h50 ; Ajaccio Porto - Vecchio 3h30.

Bus route Ajaccio, Vizzavona, Corté, Ponte-leccia, Bastia :

Bus Eurocorse Voyages tel : 0033 (0)4.95.21.06.30. Departures every day except Sundays and bank holidays.

Duration of journey Ajaccio Corté 1h45 ; Ajaccio Bastia 3 heures

Train companies in Corsica :

Direction Bastia, Ponte Leccia, Corté, Vizzavona, Ajaccio

Direction Bastia, Ponte Leccia, Ile Rousse, Calvi

Ajaccio train station : 0033 (0)495 23 11 03

Bastia train station : 0033 (0)4 95 32 80 61

Calvi train station : 0033 (0)4 95 65 00 61

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Corte train station : 0033 (0)4 95 46 00 97

What to bring and pack

- Bags

A small day pack for your water bottle, camera, picnic and waterproof.

A bag, rucksack or suitcase for your main luggage 10kg maximum per person.

- For Walking

Good walking shoes or boots with a good grip sole

Walking socks.

Warm fleece

Shorts and T shirts.

Swimming costume or trunks

Towel

2 Walking poles (optional)

Water bottle (one litre minimum)

Personal first aid kit with good blister protection

- For your picnics

A good cutting knife, fork, spoon, plastic cup and plate

some plastic bags

- Sun and rain protection

Sunglasses and sun cream

Sun hat

Wind and waterproof jacket (Gore-tex stlye)

- Relaxing time

Trainers or open sandals

Warm Fleece and casual wear

Tour Aventure Backup

The Tour Aventure team is present and always at hand to ensure the smooth running of your holiday. We are on the ground and ready to assist in any eventuality.

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